

# Extratime

## The Rugby Club

Rugby in the area is growing. More and more fixtures are being played between schools in and around Sutton. As rugby is going so well in lessons, and the pupils are all improving their skills and techniques whilst also enjoying what they are learning, the PE Department believe the best way to develop these skills further is to run an after school rugby club.

The club run by Mr Rodgers has been a big success and we are looking for more players to come along to enable us to arrange more rugby fixtures in the future.

Are you the next Jonny Wilkinson or Jason Robinson?? Do you love watching rugby?? Do you want to try something new??

If so come on down to the **RUGBY CLUB!** after school on Mondays,. We will be making you into rugby superstars!!!

We will be going out in most weather conditions, so dress appropriately. Bring football/rugby boots and a gumshield would be a good idea.

Be prepared to have fun, get muddy and smash your mates to bits (Legally!!).

Mr Rodgers PE Department



## STANLEY PARK FITNESS WEEK!

The first ever 'Stanley Park Fitness Week' was an astounding success. It had pupils all over the school talking, developing their knowledge and interest in fitness and healthy living.

Every pupil took part in a series of fitness tests, ranging from the highly entertaining 'Balance' test, to the gruelling 'Cooper's' run. Pupils were not only motivated by their own personal satisfaction but house points were also awarded for excellent performances.

The Fitness Awards went to a boy and girl from each year who achieved the highest overall scores from all 8 activities. The results were as follows:

Year 7: **CAREW 19 POINTS**  
Fitness awards go to Cameron Steel and Victoria Godfrey!

Year 8: **BEECHES 19 POINTS**  
Fitness awards go to Tyler Pope and Jessica Greenbury!

Year 9: **WANDLE 15 POINTS**  
Fitness awards go to Emilio Silano and Tessa Smith!

Year 10: **WANDLE 10 POINTS**  
Fitness awards go to Macauley Geddes and Poppy Offer!

Well done to everyone for participating and making the week a complete success.

Mr Griffith Subject Leader PE

# Dates for your diary

Year 11 Parents' Evening Tuesday 1st February 3:30pm to 7pm  
Half Term Monday 21st to Friday 25th February  
Post 16 Visit to New York Tuesday 8th to Sunday 13th March  
Preparation for Learning Day Friday 18th March  
Year 10 Geography Visit to Osmington Bay Friday 25th to Monday 28th March  
Year 10 Parents' Evening Tuesday 5th April 3:30pm to 7pm

INSET Day Friday 8th April January 2011 12  
Details of upcoming school events can be found on the school website, at [www.stanleyparkhigh.co.uk](http://www.stanleyparkhigh.co.uk)

## Stanley Park Achiever

January 2011



I am delighted to have been appointed as the Associate Headteacher at Stanley Park High School and would like to take this opportunity to formally introduce myself.

I began my role as the Associate Headteacher just a few weeks ago at the start of term and I have already been very impressed by the warmth, enthusiasm and commitment of students and staff within the school. I specifically chose to work in Stanley Park High School as it stands out amongst other schools for the central passion it holds to inspire young people to quite simply get the drive needed to learn and take hold of their own ambition.

I have spent my teaching career working within inner city schools in London, and my last post was as Deputy Headteacher in an inner city school in Hackney. Throughout my career I have been inspired and motivated by students and their ability to do their very best in spite of the odds which can sometimes stack up against them. Therefore, my core belief is that everyone can succeed and must do their very best and it is our duty as a school to settle for nothing less than this and support and challenge all of our students every step of the way.

Stanley Park High School has already been on an incredible journey with Mr Taylor and all the staff and students, and I'm very much looking forward to the next phase in this journey where we build on this and shape an already good school into an outstanding one.

Ms Symons

# Post 16



## Oxfam Unwrapped

**This Christmas** we decided that we weren't going to exchange cards and instead we would put our pennies towards purchasing a present through the Oxfam Unwrapped Scheme. Oxfam Unwrapped always gets the gift to where it's needed most and the gifts are sourced in the country they're used in wherever possible.

This year we raised enough money to buy a chicken which not only serves as an egg factory but will also produce chicks for rearing into other chickens or traded to pay for school fees and health care.

We also raised enough money to buy a goat which will be used to produce milk to drink and sell and make fertiliser for crops. Not baa-d!

## Hi-Ho Hi-Ho It's off to Uni We Go!

**Just a quick good luck** to all our Year 13 students who have recently submitted their UCAS forms and hoping for a place at University. As always Stanley Park Post-16 students have applied for a wide range of different degrees including: Economics, Medicine, IT Networking, Pharmaceutical Science, International Relations, Astrophysics, Architecture, Forensic Chemistry and Drama.



January

2011

# Mathematics

Disneyland Resort Paris – January 2011



Mrs Gorringe, Mr O'Brien and a group of Year 9 students have recently returned from the hugely exciting field trip to Disneyland Resort Paris. The trip presented both the students and staff with a fantastic opportunity to see and experience where Mathematics was used in the design and running of the whole of the resort. During the two days in resort, in between time in the parks, we attended three seminars looking at how algebra, trigonometry and statistics are used in roller coaster design, how maths is used in landscaping and budget calculations for costuming and the maths behind the real estate, design and pricing at the Disneyland Paris resort. The students had a great time seeing and demonstrating this "wicked maths" in action on the rides in the resort!

Evenings were just as action packed with visits to Buffalo Bill's Wild West show where everybody had the chance to release their inner cowboy or cowgirl before taking in a live band followed by a bit of star gazing at Planet Hollywood the next evening.



Both students and staff had a brilliant time and really enjoyed the unique experiences presented to us on this trip. Mrs Gorringe and I would like to thank the students who attended for representing yourselves and the school in such a fantastic way.

Mr O'Brien



## Maths Challenge

A reminder to all Years 9, 10 and 11 that the Intermediate Maths Challenge will take place on 3<sup>rd</sup> February 2011. The Junior Maths Challenge will take place on 6<sup>th</sup> May 2011 and is open to Years 7 and 8.

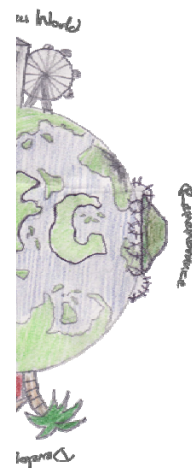
If you are interested in taking part or would like to find out more information please see Mr Wocial.

## Mathematician of the Month

Congratulations from the Maths team to all of our award winners for the month of November. The award winners for January will be announced in school shortly – **it could be you!**

Mathematicians of the Month	
Year	Name
7	Victoria Godfrey
8	Shannon McBride
9	Billy Noris
10	Jakir Hossain
11	Ebony Day

November 2010



# Food Waste!

7MG have been campaigning to become an Eco-School. We have been focusing on Food Waste; we would like our school to waste less food! Every class in Year 7 had a different topic to work on, the others are:

- Energy
- Cans
- Water
- Transport
- Litter
- Paper
- Plastic



Over Christmas, we recycled our waste and when we came back to school we made a toy or a piece of clothing we could wear. The winners were Sally and Mikaela who made a fantastic dolls house! All the other classes in Year 7 made recycled products too and they all looked great!



Firstly we thought we had better look at what the facts were before we could take action. We did some research and found out some shocking things about food waste, not only in the world, but also in our school!

It was then that we realised just how important this project is. We weren't sure what we could do at first, as our initial three ideas were too complicated to do in school. We were stuck....but then we thought 'how about we raise as much awareness as possible? Let's start a Food Waste Awareness Campaign!'

We divided the class into six groups; one was in charge of creating posters to put up around the school. The next was in charge of presenting information about food waste to all of the year 7 classes. Another group was in charge of information leaflets.

We were in charge of writing this article. Another group was responsible for an ad for the school radio. And finally the last group was responsible for creating a campaign mascot and logo, which would be used throughout the campaign.

We also interviewed a number of people around the school like the dinner ladies, pupils and the care taker. Most of them said: 'We didn't know there was a compost bin in school.'

If we help by doing things like giving our left over food to the homeless or having a compost bin and actually using it, we can save the world. If we don't help, the polar ice caps will melt as the temperature will go up. This will flood the world and cause an increase to the dramatic weather conditions we are already starting to have. In the end it could kill us, our kids and our grandchildren in the future and they won't have a life like we have now

By the students in 7MG



# EFC Year 7 & 8

## What a Waste!

Over Christmas we collected and saved the rubbish we accumulated over the Christmas holidays and put it all to use!

These are some of the toys we made from our Christmas waste!

This half term we are studying the EFC project of 'What a Waste' during which we shall study environmental issues and look at what we can do to help our local area. We are focusing especially upon the school environment and hope with the support of all the staff and students at SPHS we will be able to achieve 'Eco-School' status!

By 7TN



## 8TP Big Business

In EFC lessons 8TP have created their own Big Businesses. In teams they have each been responsible for specific areas e.g. Marketing, Human Resources, Finance or Managing Director.



The students had to present their Big Business to the class explaining how their business is going to run (number of employees, costing etc), what product or service they had chosen. They also had to advertise their company and explain what they hoped to achieve in the future.

January 2011 10

# Health and Work

## Inter-House Competition heats up in PE

It was an incredibly exciting way to kick off the series of PE Inter-House competitions this year. There were three fantastic football tournaments, resulting in winning houses for each year group competition. Both boys and girls from years 7, 8 and 9 entered teams to gain not only the valuable points, but the right to claim football superiority over the other houses.

The Year 7s first competition at Stanley Park, had a huge turn out, with teams playing in a boys and girls tournament. With Carew winning the girls final, Oaks came out on top in the boys highly charged event.

Beeches House ruled the Year 8 competition with consistent and dominating performances. George and Tyler lead the team excellently.

The underdogs came from behind to win the Year 9 tournament, maintaining Oaks' success in the Inter-house competitions this year. Emilio lead his team to victory despite Wandle being favourites to defend their title.



All events were played in the right spirit, which contributed to the undoubted success of the PE Inter-house competitions. All teams played, fought, and even celebrated together!

## Post 16 Inter-house Dodgeball

When I mentioned Inter-house competitions to the Post 16 students, they all went from being young adults to excited children within seconds. Teams from each house began to be constructed and organised for the prestigious event.

When judgement day came, Oak arrived mob handed and instantly claimed they were soon to be the champions. Very little happened in the early games to prove them wrong as they pummelled Carew and Oaks who forgot the point of the game named 'Dodge ball'. Both Justin Cullen and Sam Gray were sitting ducks, on ice.



Due to the imbalanced numbers and my attention to equal opportunities, I decided to allow the PE staff to join the house team that they are attached to. The competition changed and resulted in a three way draw. Oaks however were awarded the win as they did not have a member of staff on their team, despite a 9 man advantage.

Well done to everyone who participated and supported the highly enjoyable competition. I look forward to hosting this Term's Post 16 Inter house Football Tournament.

## Netball Club

Netball is a strong sport in the borough, with various tournaments and games played all year long. The first season gave Stanley Park some fantastic results, with the Year 9 team winning the Sutton Tournament, beating Sutton High in the finals. A big well done to the Year 9 team – this is a result to be proud of!

Our year 8 team has been re-developed this year and we have added some new members onto the team. With regular training, this is another team that will do well in the Tournaments and friendly games we play. They had a fantastic win over Overton Grange with a great spirit throughout the game. Well done.

We have had great interest from the Year 7's and we have been training hard in order to improve our skills and play against the big teams in the Borough. The Year 7 team have played some great matches and are definitely a team to watch. I am looking forward to the Sutton Tournament coming up for the year group as I'm sure we will do well in it. Keep up the hard work Year 7's.

The second season is upon our girls, and no doubt there will be success along the way. The Netball Club run on Mondays and Thursdays and has developed considerable interest. If you are interested in getting involved, please see Miss Wilson.



Jan

# Communication

## ¡Puntos de casa! Points maison!

Over the Christmas holidays, the languages department ran a colouring competition – with a difference! Entrants had to follow a key written in either French or Spanish. “Judging the competition was really hard!”, explained Mrs Parker who co-ordinated the project. “We received over 50 competition entries and several pupils even tried out a language they had never studied before, which was really impressive.”

The winners have all gained house points for their efforts. Keep an eye on the house point board located in the main entrance to see their work displayed. If you see any of the winners around school, congratulate them on their linguistic success!

Mrs Parker MFL



One of the winners, Amelia, with her entry.

	French	Spanish
<b>1<sup>st</sup> Prize</b>	Cameran Francis 7MG CAREW	Withya Jeyakanthan 10C OAKS
<b>2<sup>nd</sup> Prize</b>	Charlie Clifford 8PN CAREW	Amelia Hill 7RP CAREW
<b>3<sup>rd</sup> Prize</b>	Natalie Bryant 8XV BEECHES	Miira Jeganathan 7WE OAKS



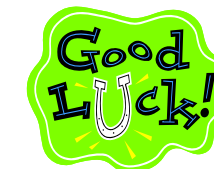
# Business, ICT and Technology



## Cadbury's World Trip New Date Friday 11<sup>th</sup> February

The Cadbury's trip that was cancelled in December has been rescheduled for the Friday 11<sup>th</sup> February. All students that paid for the December trip have automatically been transferred onto the new date.

We still have 5 places available for Year 9 Business Studies students only. Please come to M5 or see Mrs Jackson or Ms Kelly for a letter if you are interested.

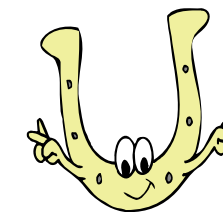


The Business Studies Department would like to wish all their students taking exams this January the best of luck.

You have all worked extremely hard and we hope you get the grades you deserve.

Good luck everybody.

Mrs Jackson, Ms Kelly, Ms Henry, Ms Mangan and Ms Walsh

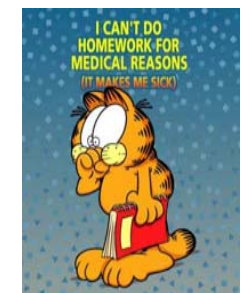


## Attention Business Studies & Leisure & Tourism students

Do you need help with your homework?  
Are you struggling with your revision?  
Is your coursework getting too much?

**Come to Room M5  
any lunchtime  
Monday - Thursday**

There will always be a teacher from the Business Department available to help you. You can use the computers to catch up with any homework or coursework or spend time revising.



The Year 9 trip to the London Dungeon that was cancelled in December due to bad weather is currently being rearranged.

All students will automatically be transferred onto the new trip as soon as a date has been finalised.

Thank you  
Ms Mangan



## Lille Christmas Market Visit

On Friday 10<sup>th</sup> December 43 students and 4 teachers embarked on an educational visit to Lille Christmas Market in France.

Travelling by coach and ferry our journey took over 2 hours. Once we arrived in Lille we were allowed to explore the market and surrounding shops. After two hours we climbed aboard the coach and headed off to the hypermarket at Calais.

The hypermarket was full of people buying Christmas presents. We had some time to complete some Christmas shopping of our own.

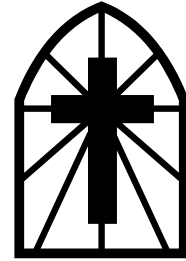
We then boarded the coach for the short trip to the ferry port. The ferry crossing was quite rough causing people to feel ill. Once we were off the ferry we completed the rest of the journey back to school.

I would like to thank the coach company for making the journey pleasurable on behalf of all the students and teachers involved.

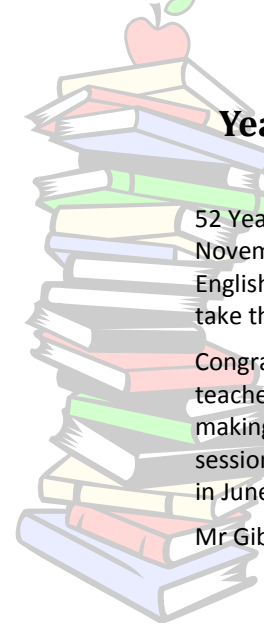
Jamie Manning 9AV



# Social Sciences



# and Language



## Year 11 Pupils Bank Early GCSEs in English

52 Year 11 pupils have taken their GCSEs in November and achieved grades A\*-C in English. They were the first year group to take the exam as early entrants.

Congratulations to all the pupils and their teachers. For those who narrowly missed making the grade there will be extra support sessions and a chance to retake their exams in June of this year.

Mr Gibbons Subject Leader English

## A Woman of No Importance

On Tuesday 12<sup>th</sup> January the English department took a small group of sixth formers to see Oscar Wilde's play *A Woman of No Importance* at the Greenwich Playhouse.



Students and teachers alike were delighted by the 1950s portrayal of the nineteenth century society play. The witty exchanges and the comic wrestling for power between the sexes entertained us throughout the performance.

Afterwards the students enthusiastically discussed how they could use this play in their A2 exam which they will be sitting in June.

### History

## PARIS EASTER 2011 DAY 1

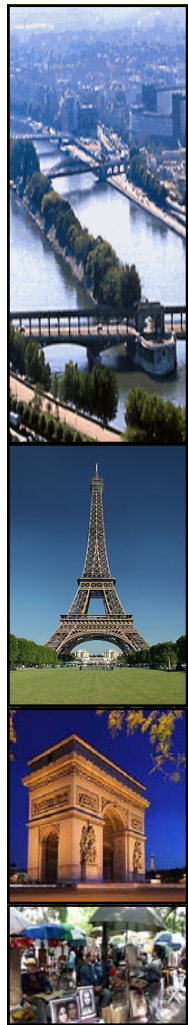
TOUR OF PARIS  
ARC DE TRIOMPHE  
DAY 2

CHATEAU DE  
FONTAINEBLEAU  
PALACE OF VERSAILLES  
SHOPPING IN PARIS  
PLACE DE LA CONCORDE  
EIFFEL TOUR  
CRUISE ON THE RIVER  
SEINE  
DAY 3

SACRE COEUR  
3 DAYS @ JUST £200

ALL PAYMENTS  
SHOULD  
BE MADE TO THE  
STUDENT OFFICE  
AT BREAK TIMES  
BY FEBRUARY 18TH

Open to ALL  
Years!



### Geography

Why I chose Geography....

I chose Geography as a GCSE subject because I think that the skills I will learn in this subject will be very valuable in later life. I also think that Geography will help me understand more about the world and cultures around me. I am interested in nature and Geography can help me to understand and get closer to the animals and plants I love to study.

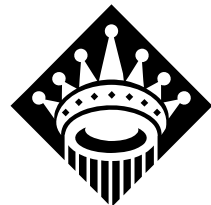
I like the idea of the bringing Geography "out of the classroom" because this will make it a more enjoyable subject as it would be more hands on.

Finally, I think that Geography is a really good subject to study, and I would recommend it to anyone who enjoys learning about the world around them.

Emily Wallace 9PY

Watch this space and look out for the report and photographs of the following trip:

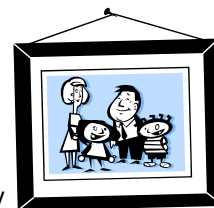
Post 16 Geographers Visit to New York in March 2011



Janu-

Philosophical Thought: Why something rather than nothing?

ary



## Pourquoi apprendre le Français

French is probably the most common of the Modern Foreign Languages that are taught today and although it isn't the most popular it does have its advantages. Learning French gives you the ability to communicate with so many more people in the world! Doing French at GCSE showed me how beneficial speaking another language can be. When you can have a conversation with someone in French and feel confident about it, it makes you feel as if you've worked hard and achieved something which makes you want learn more. Now, this doesn't mean that French is easy. You can't expect to sail through it but it really isn't as difficult as people make out.

Doing French offers so many opportunities like the four day trip to Disney Land Paris and the one day trip to Lille. Having the ability to speak basic French helps so much when paying for things or asking questions. It makes you feel more comfortable even though you're in a different country and in some ways helps you to enjoy the experience more.

I'm now in 6<sup>th</sup> Form and even though I got a B in GCSE French I don't study A-Level French. Part of me wishes I did as it would lead to so many opportunities such as universities in the UK and possibly in France. It would have also furthered my knowledge of the French language and culture. People say that learning another language can open so many doors for you and it's true. It will give you the ability to travel to lots different countries, meet lots of different people and do other things you may not have thought you would be doing.

So when considering your GCSE's or A levels think carefully about which subjects can take you to further places and will benefit you the most in your life in regards to what you want to do.

Bethan Colyer 12BK

# Science

With the second term already in full swing, exams are upon us and many pupils are buried in their books revising. Here are some tips that could help those in need of a revision boost.

- Eat fish. That may sound crazy but eating oily fish has been shown to help with your memory. You do need to do the revision as well though.
- Don't just read. Very few people can take in information and remember it just by reading. Take notes! Draw diagrams! Draw pictures!
- Find a way that works for you. Try taking notes then shortening them. Try working with others. Write questions for each other and answer them
- Identify areas you aren't good at and revise those. Don't just revise the bits you like



Name: Miss Crouch
Specialism: Chemistry
Favourite Music: Old School Garage
Favourite Movie: Superbad
Interests: Liverpool FC, all competitive sports, especially netball and socialising.

## Triple Science Club

will be held every Friday lunchtime

in Room 9

Help with Coursework?

Help with Understanding exam questions...

Help with Revision?

Browse the MLE Triple Science page and hand-in your coursework!

FOR MORE INFORMATION, SEE MRS BALLARD!

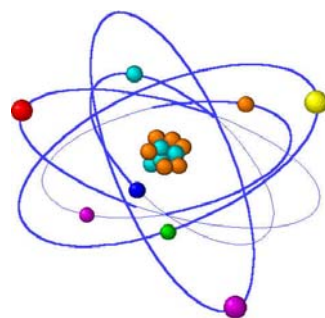
- Turn off the laptop. Yes Bitesize is helpful. Yes there are good revision resources out there, but how many times have you looked at Facebook in the middle of revising? Probably too many.
- Feeling tired? Stay away from caffeine and sugar in drinks. Sugar can help short term memory but it is better to get those sugars naturally. Have a banana.
- Finally give yourself a break. When you have done enough revision stop take a break and come back to it. You will feel better. However you do have to start before taking a break.

Trying to learn the ways of the force(s)? Still struggling with those galaxies far, far away? Exam questions only a droid could do?

Come along to Mrs Ballard's Triple Science Club every Friday. Whether it's just a small question or a whole load of stuff you don't understand, Mrs Ballard will be there to help.

Finally, Science Club is back up and running. Every Thursday after school in S3 all welcome from Yr 7-9. This term the activities are project based. Designing and building boats will be the first. If you want to come and have a go or if you want to do some extra science after school bring yourself along to S3 and try it out.

## SCIENCE CLUB



**There Will Be Yr 10-11 Coursework Due In This Month! If You Are Unsure Ask Your Teacher**  
January

# Dept for Autism

It is always good to hear of progress from students who have been with us at Stanley Park when they have been attached to the DFA this is always of interest to see how students manage in new environments and educational settings.

Blake joined the school in Year 8 after transferring from another local school. Blake was always hard-working at school and was always a very keen sportsman interested in cricket, tennis and archery. He represented the school at swimming and represented Sutton in the London Youth Games. For A-levels Blake chose Mathematics, Chemistry and Accounting. This was a heavy workload, but he managed, worked hard and kept going. He was not put off at one stage by having three exams on one day and he passed all of the subjects at A-level. We were delighted to hear from him before Christmas and he popped in to see us and he willingly wrote this article for the Achiever....please read on:

*I have been a member of Stanley Park High School for 5 years when I left last summer. I have made a lot of progress since my time here. Some of my difficult experiences were settling in my first year and the exams especially in Years 11-13 which took up a lot of my own time. My good experiences are all the friends I made during my time and on results day where my final A Level results were good enough for me to be accepted at University. I am now currently in my first year at the University of Sussex, just outside Brighton, where I am studying Mathematics. The tough bit about University is before you get there. I had to sort out accommodation and bank accounts etc. I found the first day tough because I had to settle in to my new flat and a new area, but it got easier once I started my courses. The big difference at University is you have lectures at University. In lectures you just listen to the information given by the lecturer and write notes. Exercises/ worksheets are done in workshops or in your own time. They don't push you about work at University where they rely on you to organise independently, so it's all down to me on how well I progress. On finishing my first term, I have found that University life is a lot harder than school when it comes to work, but I have enjoyed it. I am getting good results on tests and assessed exercises. Also, I am getting involved in sport clubs and I got some great flatmates.*

# Expressive and Performing Arts

It is that time of year when exams are looming and performances are being created. I am very excited to announce that the Year 12 students will be performing two plays for their final examination 'Our Country's Good' and 'Five Kinds of Silence'.

Performances for the GCSE candidates will include 'Bouncers and Shakers' by John Godbar as well as 'Sparkleshark' by Philip Ridley and 'No Mans Land' by Harold Pinter.

A production of 'Sparkleshark' for all years is in the pipeline and rehearsals will begin in the next few weeks so keep your eyes peeled.

I am also pleased to announce that the 6th form trip to War Horse has been re-arranged for the 2nd February so hankies at the ready.

Mr Kermally  
Subject Leader of Drama and Theatre Studies

